

Coomanaspic



'Ar lá glan...
bíonn an radharc gan deireadh'.

Síneann na radhaic go dtí an dá thaobh de Leithinis Uíbh Ráthaigh. Is ó thuaidh atá sráidbháile an Chalaíd, sráidbháile atá á nascadh le Dairbhre trí dhroichead. I bhfad siar ardaíonn na Scealga nach mór go díreach as an bhfarraige. Thíos faoi, is fianaise iad na páirceanna beaga a bhfuil ballaí cloiche móirthimpeall orthu, na gallán agus na daingin go bhfuil feirmeoireacht ar síúl ar an talamh fiain seo leis na mílte bliain.

'On a clear day...
you can see forever'.

The views extend to both sides of the Iveragh Peninsula. The village of Portmagee lies to the north linked by bridge to Valentia Island. Far out to the west the rocks of the Skelligs rise almost vertically from the sea. Below, small, stone walled fields, standing stones and forts are reminders that this wild land has been farmed for millennia.

Rothaithe ag déanamh an t-ard dian
© Stephen Kelleghan

Cyclists making the gruelling climb
© Stephen Kelleghan

Rothar-chumhacht

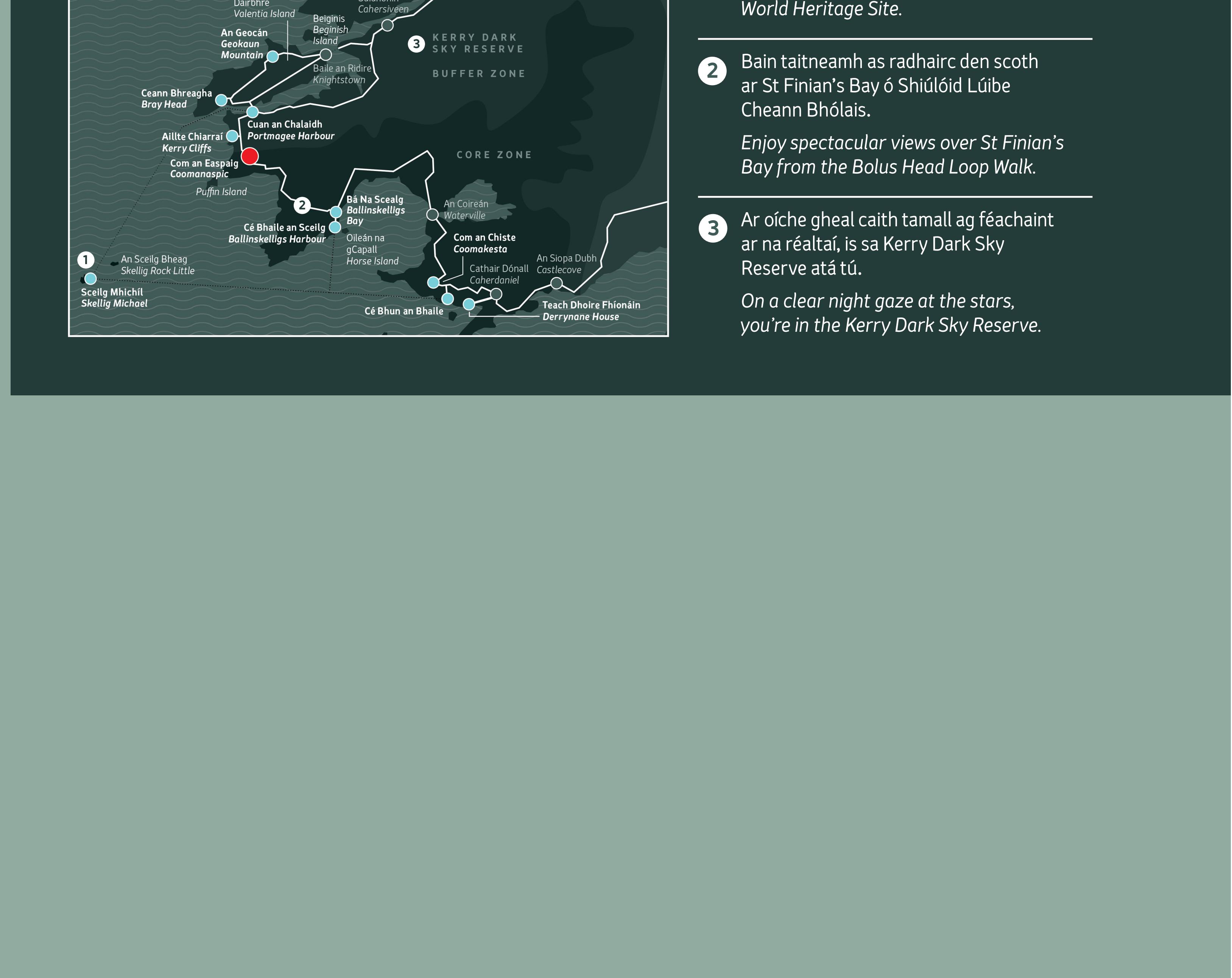
Níl dearcadh chomh idéalach céanna ag rothaithe ar Coomanaspic, a n-aghaidheanna ar an talamh agus iad ag streachaill suas fána 732 méadar (2400 troigh). Tá grád A1 luité ag Cumann Rothaófchta na hÉireann leis an dúshlán seo. Thug an rás rothaochta náisiúnta, An Post Rás, aghaidh ar Coomanaspic agus in 2013, mar chuid den chéad Dúshlán Damanta Slíibhe b'éisgean do rothaithe tabhairt faoi 20 bacainn bhreise, bacainní a raibh ról lárnach ag uisce agus láib i gcuid acu.

Pedal power

Cyclists have a very different view of Coomanaspic as, heads down, they pedal up a total of 732 metres (2400 ft). The challenge is graded A1 by Cycling Ireland. The national cycle race, An Post Rás, has tackled Coomanaspic and in 2013 the first Hell Mountain Challenge presented riders with over 20 additional obstacles, many involving water and a sea of mud.

Rothar i dtreo na Scealg, cuid de Thearmann Spéir Dhorcha Idirnáisiúnta Chiarraí
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View towards the Skelligs, part of the Kerry International Dark Sky Reserve
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1 Léim ar an mbád agus téigh chomh fada le Láithréan Oidhreachta Domhanda na Scealg.

Take a boat to the Skellig Islands' World Heritage Site.

2 Bain taitneamh as radharc den scóth ar St Finian's Bay ó Shiúlóid Lúibe Chean Bhólaí.

Enjoy spectacular views over St Finian's Bay from the Bolus Head Loop Walk.

3 Ar oíche gheal caith tamall ag féachaint ar na réaltaí, is sa Kerry Dark Sky Reserve atá tú.

On a clear night gaze at the stars, you're in the Kerry Dark Sky Reserve.